

# Teens & Adult Class Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JIU-JITSU ALL LEVEL (NO GI) 11AM-NOON	JIU-JITSU ALL LEVEL (GI) 11AM-NOON	JIU-JITSU ALL LEVEL (GI) 11AM-NOON	JIU-JITSU ALL LEVEL (GI) 11AM-NOON	SKILLS & DRILLS OPEN TO ALL LEVELS 6PM-7PM	SPECIALTY CLASS (GI) 10:30AM-11:30AM
FUNDAMENTALS 1 (GI) 6PM-7PM	BASIC NO-GI 6:30PM-7:30PM	FUNDAMENTALS 1 (GI) 6PM-7PM	BASIC NO-GI 6:30PM-7:30PM		OPEN MAT FROM 11:30AM-1PM (OPEN TO ALL SCHOOLS)
ADVANCED JIU-JITSU (GI) INVITE ONLY 6:30PM-7:30PM	FUNDAMENTALS 2 (NO-GI) 6:30PM-7:30PM	ADVANCED JIU-JITSU (GI) INVITE ONLY 6:30PM-7:30PM	FUNDAMENTALS 2 (NO-GI) 6:30PM-7:30PM		
	BJJ BASIC & FUNDAMENTALS II (GI) 7:30PM-8:30PM		BJJ BASIC & FUNDAMENTALS II (GI) 7:30PM-8:30PM		